

Physical Education Studies Year 12 General

CHAPTER 2: Motor Learning and Coaching

NEXT

Welcome to the quiz for Chapter 2

- You will be given 10 multiple choice questions
- Click on the correct answer
- Use the links to navigate through the quiz
- To finish the test you must answer all the questions correctly

ARE YOU READY?

Question 1

Which of the following is NOT a leadership quality?

- A. Loyalty
- B. Judgement
- C. Aggressiveness
- D. Empathy



TRY AGAIN...

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**THAT'S
CORRECT!**

NEXT QUESTION 

Question 2

A leader who has complete power and makes all the decisions without consultation is known as which of the following?

- A. Autocratic leader
- B. Democratic leader
- C. Appointed leader
- D. Laissez-faire leader



TRY AGAIN...

BACK TO QUESTION



**THAT'S
CORRECT!**

NEXT QUESTION 

Question 3

Which of the following leadership styles is most appropriate when the goal is collaborative decision making, such as developing the most effective strategy for next week's game?

- A. Autocratic leader
- B. Democratic leader
- C. Appointed leader
- D. Laissez-faire leader



TRY AGAIN...

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**THAT'S
CORRECT!**

NEXT QUESTION 

Question 4

Which of the following best describes a coach who is easy going and provides little instruction and guidance?

- A. Authoritarian
- B. Democratic
- C. Casual
- D. Amateur



TRY AGAIN...

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**THAT'S
CORRECT!**

NEXT QUESTION 

Question 5

An athlete watches a skill being performed and then attempts it. This is an example of which of the following teaching methods?

- A. Demonstration/explanation/practice
- B. Shaping
- C. Imitation
- D. Chaining



TRY AGAIN...

[BACK TO QUESTION](#)



**THAT'S
CORRECT!**

NEXT QUESTION 

Question 6

Which of the following teaching methods is most appropriate for skills in which the component parts can be learned as though they were discrete skills?

- A. Demonstration/explanation/practice
- B. Shaping
- C. Imitation
- D. Chaining



TRY AGAIN...

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**THAT'S
CORRECT!**

NEXT QUESTION 

Question 7

Which of the following best describes practice that is continuous in which rest intervals are less than activity intervals?

- A. Distributed practice
- B. Massed practice
- C. Whole practice
- D. Part practice



TRY AGAIN...

[BACK TO QUESTION](#)



**THAT'S
CORRECT!**

NEXT QUESTION 

Question 8

Which of the following best describes practice in which the learner practises the same skill repeatedly?

- A. Random practice
- B. Blocked practice
- C. Variable practice
- D. Fixed practice



TRY AGAIN...

[BACK TO QUESTION](#)



**THAT'S
CORRECT!**

NEXT QUESTION 

Question 9

Which of the following is NOT a type of feedback?

- A. Internal
- B. External
- C. Augmented
- D. Environmental



TRY AGAIN...

[BACK TO QUESTION](#)



**THAT'S
CORRECT!**

NEXT QUESTION 

Question 10

Which of the following is NOT a feature of effective feedback?

- A. Clear and concise
- B. Constructive
- C. Sooner not later
- D. General



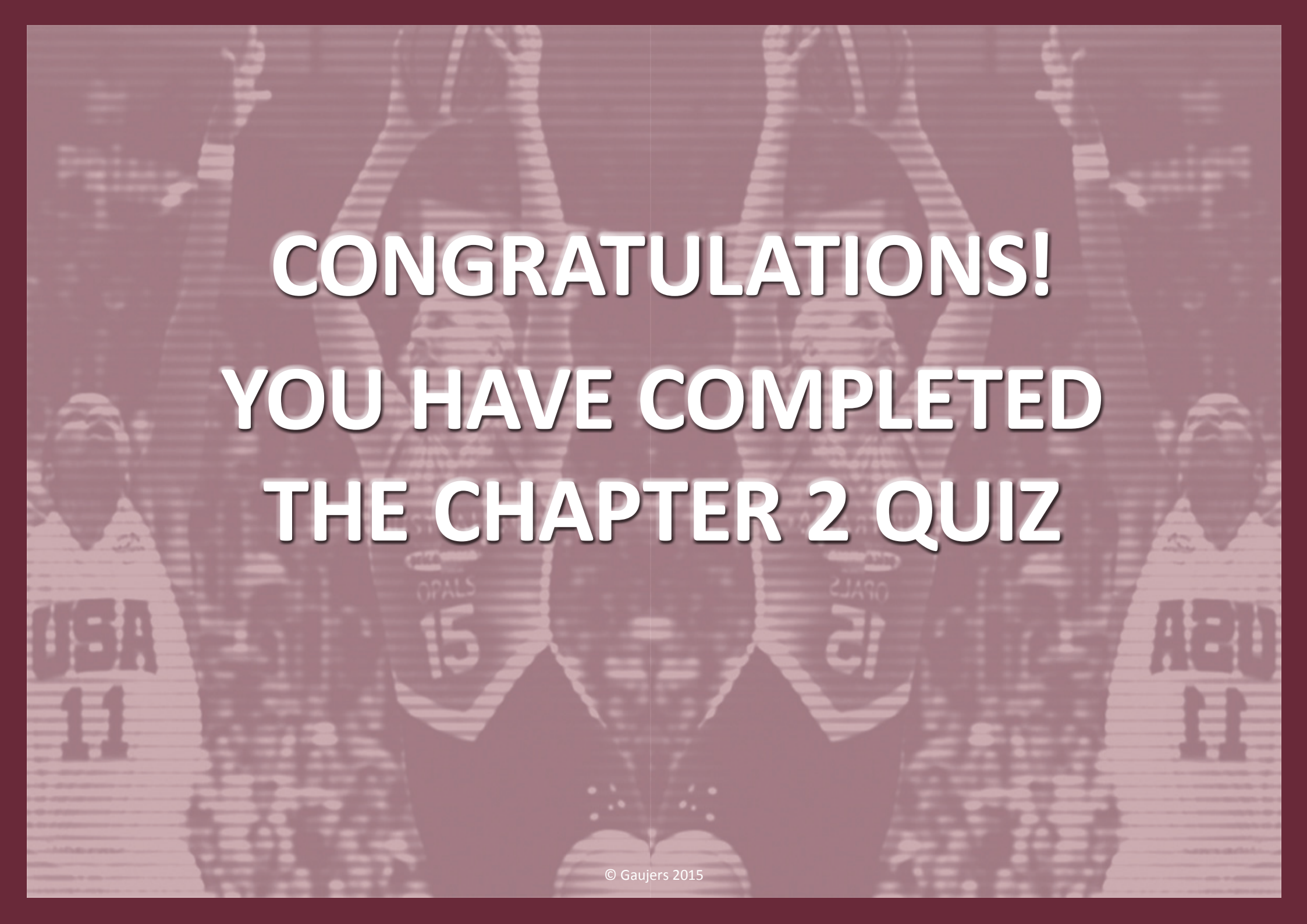
TRY AGAIN...

[BACK TO QUESTION](#)

The background is a grayscale, semi-transparent image of several athletes in starting blocks at the beginning of a race. The athletes are wearing tracksuits with various national identifiers and bib numbers. The text 'THAT'S CORRECT!' is overlaid in the center in a large, white, bold, sans-serif font with a slight drop shadow.

**THAT'S
CORRECT!**

NEXT



CONGRATULATIONS!
YOU HAVE COMPLETED
THE CHAPTER 2 QUIZ