

Physical Education Studies Year 12 General

CHAPTER 1: Physical Skills, Strategies and Tactics

NEXT

Welcome to the quiz for Chapter 1

- You will be given 7 multiple choice questions
- Click on the correct answer
- Use the links to navigate through the quiz
- To finish the test you must answer all the questions correctly

ARE YOU READY?

Question 1

What are strategies?

- A. Specific ways in which plans are put into action during the competition
- B. The classification of activities according to their game requirements
- C. The plans prepared prior to the competition that are intended to result in a 'win'
- D. Criteria such as playing surface and interaction that affect the nature of the game



TRY AGAIN...

[BACK TO QUESTION](#)

The background features a group of athletes in a stadium, overlaid with a semi-transparent purple filter. The athletes are wearing white tracksuits with various national identifiers and numbers. The text 'THAT'S CORRECT!' is centered in large, white, bold, sans-serif font with a slight drop shadow.

**THAT'S
CORRECT!**

NEXT QUESTION 

Question 2

What are tactics?

- A. Specific ways in which plans are put into action during the competition
- B. The classification of activities according to their game requirements
- C. The plans prepared prior to the competition that are intended to result in a 'win'
- D. Criteria such as playing surface and interaction that affect the nature of the game



TRY AGAIN...

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**THAT'S
CORRECT!**

NEXT QUESTION 

Question 3

Which of the following are NOT necessary to develop effective strategies and tactics?

- A. The strengths and weaknesses of the opposition
- B. Your own strengths and weaknesses
- C. Any environmental factors that may impact on performance
- D. The classification of the activity



TRY AGAIN...

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The background features a group of athletes in a stadium, overlaid with a semi-transparent purple filter. The athletes are wearing tracksuits with various national identifiers and numbers. The text 'THAT'S CORRECT!' is prominently displayed in the center in a large, white, bold font with a slight drop shadow.

**THAT'S
CORRECT!**

NEXT QUESTION 

Question 4

Which of the following is NOT a fundamental aspect of strategies?

- A. Using space
- B. Denying space
- C. Improving your skill level
- D. Controlling the pace of the game



TRY AGAIN...

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**THAT'S
CORRECT!**

NEXT QUESTION 

Question 5

Which of the following would NOT be an effective tactic?

- A. Hitting to the backhand side of your opponent if you know they have a weak backhand
- B. Serving and volleying if you have a weak first serve
- C. Following your serve in if you are a strong volleyer
- D. Staying on the baseline and moving your opponent around if you are a defensive player



TRY AGAIN...

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**THAT'S
CORRECT!**

NEXT QUESTION 

Question 6

What are the key factors in effectively applying tactics?

- A. Decision making, communication, skill selection and fitness
- B. Communication, assertiveness, planning and fitness
- C. Skill selection, decision making, a will to win and communication
- D. Decision making, skill level, a will to win and communication



TRY AGAIN...

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**THAT'S
CORRECT!**

NEXT QUESTION 

Question 7

Which of the following is NOT an example of the effectively communicating tactics?

- A. Tennis partners discussing positioning prior to serving
- B. A coach giving instructions to his road cycling team via earpieces
- C. A hockey captain calling penalty corner variations
- D. A player berating a teammate for not passing the ball



TRY AGAIN...

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THAT'S CORRECT!

NEXT



CONGRATULATIONS!
YOU HAVE COMPLETED
THE CHAPTER 1 QUIZ